

The Jays Nursery Sample Weeks menu

	<u>Snack</u>		<u>Lunch</u>		<u>Tea</u>
<u>Monday</u>	Toast with Jam or marmite Fresh fruit		*Cottage Pie Vegetables Cake and custard		Brown bread cheese or ham sandwiches Cake and fresh or dried fruit
<u>Tuesday</u>	Toast with Jam or marmite Fresh fruit		Pasta and Tomato pasta sauce With grated cheese Angel Delight		Brown bread and butter sausage rolls Cake and fresh fruit
<u>Wednesday</u>	Toast with Jam or marmite Fresh fruit		*Spaghetti Bolognaise Grated Cheese Rice Pudding		Brown bread Chicken or cheese sandwiches Cake and fresh or dried fruit
<u>Thursday</u>	Toast with Jam or marmite Fresh fruit		Fish Pie Vegetables Jelly and Ice Cream		Mini Pizza's Brown bread and butter Cake and fresh fruit
<u>Friday</u>	Toast with jam or marmite Fresh fruit		*Casserole Roast potatoes and Vegetables Yogurt		Brown bread ham or cheese sandwiches ,Cheese biscuits Cake and Fresh fruit

*** indicates the use of Quorn products**